

Step 1, Part A Questions (Acting Out)

1. What was your first acting out behavior?
2. What was your first edgingⁱ behavior? What did you feel?
3. What was the worst example of your acting out?
4. What is the worst example of your edging?
5. What was the acting out behavior that led you into this program?
6. What did your edging look like right before you entered this program?
7. Has this disease ever made you or a loved one cry? When?

ⁱ What is Edging? See: <https://staninrecovery.neocities.org/docs/What-is-Edging.pdf>

(Originally from SPAA: <http://spaa-recovery.org/what-is-edging/>)

For more info, also see: <https://staninrecovery.neocities.org/docs/The-Doctors-Opinion.pdf>

(Originally from SPAA: <http://spaa-recovery.org/the-doctors-opinion-for-spaa/>)