

Step 1 Questions

(from [SPAA](#))

1. What was your first acting out behavior?
2. What was your first [edging](#) behavior? What did you feel?
3. What was the worst example of your acting out?
4. What is the worst example of your edging?
5. What was the acting out behavior that lead you into this fellowship?
6. What did your edging look like right before you entered this fellowship?
7. Has this disease ever made you or a loved one cry?

From Sex & Pornography Addicts Anonymous: <http://spaa-recovery.org>

Edging definition: <http://spaa-recovery.org/what-is-edging/>