

HP Guidance Checklist (Step 3)

- Ask for guidance from fellows, sponsor, HP (and friends)
- See if HP is revealing a third option - nothing is black and white
- Can you take that third option?
- What happens if you do nothing about it right now?
- Is this making you spiritually sick, violating your morals, creating unnecessary urgency?
- What does your "gut instinct" say?
- Are you refusing to follow that instinct because of fear for the future, or of making a mistake? [try fear prayer]
- Are you refusing to follow that instinct because you want to control the outcome and think you know best? [try Step 7 prayer]
- Meditate on it more, and look over your journal about it